



NEW HAMPSHIRE
**COUNCIL ON
PROBLEM GAMBLING**
Building Bridges to Problem Gambling Solutions

March is National Problem Gambling Awareness Month

The New Hampshire Council on Problem Gambling is requesting your assistance in conducting screenings for the existence of a potential gambling disorder in your clientele on **March 14 (National Screening Day)**. The *Brief Biosocial Gambling Screen (B.B.G.S.)* is a 3 question screen. A “yes” answer to any of the questions means the person is at risk for developing a gambling problem.

- 1. During the last 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?**
- 2. During the last 12 months, have you tried to keep your family or friends from knowing how much you have gambled?**
- 3. During the last 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?**

Magnets with the questions printed on them are available from the New Hampshire Council on Problem Gambling.

Please forward the number of screenings administered and the number of at risk for a gambling problem via email to prob gambnh@aol.com. Thank you for your cooperation in this effort.

Ed Talbot, Executive Director